

My Bucket List
AKA: Things to do before I die



Live is short, So make it count!

Travel & Adventure

- ☐ Take a road trip across Route 66 in the USA
- ☐ Take a hot air balloon ride.
- ☐ Visit all seven continents
- ☐ Sail – Anywhere!
- ☐ Sleep in an overwater bungalow
- ☐ Take a gondola ride
- ☐ Explore the Grand Canyon from rim to rim
- ☐ Visit all the national parks in your country
- ☐ Experience the vibrant New Orleans during Mardi Gras
- ☐ Watch the Northern Lights dance across the sky.

Career & Achievement

- ☐ Start your own business
- ☐ Earn a degree or certification in a new field
- ☐ Create a passive income stream
- ☐ Start a podcast or YouTube channel
- ☐ Create a scholarship or grant program
- ☐ Develop a patent or trademark
- ☐ Create a non-profit organization
- ☐ Create a product that improves people's lives
- ☐ Develop a personal brand that opens doors
- ☐ Create a workplace culture that others emulate

Personal Growth & Learning

- ☐ Learn to dance (salsa, tango, swing, or ballet)
- ☐ Create and exhibit Anything (EX: Book, Artwork, Photography, etc.)
- ☐ Take a class/workshop and learn something new
 (Cooking, carpentry, creative writing, acting, painting, wilderness survival, public speaking, chess, calligraphy, wine making/appreciation, scuba diving, surfing, philosophy, flying, astronomy, the sky's the limit here.)
- ☐ Learn to meditate and maintain daily practice
- ☐ Give a TED talk
- ☐ Build something with your hands (bird house, furniture, house)
- ☐ Read 100 classic books
- ☐ Learn to ride a motorcycle
- ☐ Take a retreat for deeper self-awareness
- ☐ Mentor Someone

Relationships & Connection

- ☐ Plan and take a multi-generational family trip
- ☐ Write letters to your future self to be read years later
- ☐ Create a family cookbook with recipes and stories
- ☐ Reconnect meaningfully with someone from your past
- ☐ Plan and take a multi-generational family trip
- ☐ Create a new family tradition that could last generations
- ☐ Form a book club around topics that matter to you
- ☐ Take a trip with just your siblings or closest friends
- ☐ Do “digital detox” days focused personal connection
- ☐ Host a multigenerational storytelling gathering

Health & Wellness

- ☐ Complete a 30-day fitness challenge
- ☐ Try a week-long juice cleanse or specialized diet
- ☐ Master the art of deep, restorative sleep
- ☐ Take up a new sport in your 40s, 50s, or beyond
- ☐ Develop a personalized morning routine that sets you up for success
- ☐ Take up barefoot hiking to reconnect with the earth
- ☐ Learn breathwork techniques from different traditions
- ☐ Grow your own food for a season
- ☐ Develop flexibility

Giving Back & Legacy

- ☐ Volunteer regularly in a community that needs your skills
- ☐ Make a significant donation to a cause you believe in
- ☐ Start a foundation or scholarship
- ☐ Plant 100 trees
- ☐ Foster an animal
- ☐ Build a home with Habitat for Humanity
- ☐ Organize community cleanup
- ☐ Start a community garden
- ☐ Volunteer at a hospice

☐ Build healthy sleep habits that you maintain	☐ Help a family in crisis
Seasonal & Nature	Twisted Add on Experiences
☐ Swim with whale sharks	☐ Sleep under the stars with no tent
☐ See fireflies synchronize their flashing	☐ Attend a murder mystery dinner party
☐ Walk among ancient redwoods or sequoias	☐ Spend a night in a haunted location
☐ Experience a tropical rainforest during a rainstorm	☐ Attend a masquerade ball
☐ Witness a meteor shower from an optimal location	☐ Bake bread from a sourdough starter you created
☐ Watch the sunrise from a mountain summit	☐ Spend the night in unusual place (ice hotel, treehouse)
☐ Soak in natural hot springs	☐ Create a custom perfume or cologne
☐ Witness the desert bloom after rare rainfall	☐ Try sandboarding down massive dunes
☐ Explore a pristine coral reef	☐ Experience a traditional sweat lodge ceremony
☐ See the synchronous fireflies in the Great Smoky Mountains	☐ Join in a traditional dance celebration from another culture